

WHO WE SERVE

TREHAB's Drug and Alcohol Outpatient Treatment Program is a community-based program that provides substance use disorder treatment and educational services to adolescents, adults and their families. We also offer Certified Recovery Specialist services



TREHAB'S Drug & Alcohol Outpatient Counseling Services makes every attempt to provide immediate services to the following special needs populations:

- 1) Pregnant Injection Drug Users
- 2) Pregnant Substance Users
- 3) Injection Drug Users
- 4) Overdose survivors
- 5) Veterans

CONTACT US:

TREHAB Drug and Alcohol Outpatient Program

Susquehanna County Offices:

36 Public Ave
Montrose, PA 18801

2800 Turnpike Street
Susquehanna, PA 18847

(570) 278-5221
Or 1-800-982-4045
EXT: 5221

**After Hours Emergent Services Hotline
Susquehanna County:
570-767-9411**

Wyoming County Office
102 Warren St., Suite 2
Tunkhannock, PA 18657

(570) 836-7504

TREHAB does not discriminate against any person because of age, race, color, ethnic background, national origin, religion, mental or physical disability or handicap, sex, sexual orientation, gender identity and expression, marital status, parenthood or financial status.



Drug and Alcohol Outpatient Program

Proudly serving residents of Susquehanna County, and surrounding communities impacted by substance use and substance use disorders for over 25 years.



PROGRAM PHILOSOPHY

TREHAB recognizes chemical dependency as a chronic, progressive disorder that can be terminal without the proper treatment.

The focus of treatment at TREHAB is centered on helping individuals change destructive behaviors and develop a lifestyle free of mind altering drugs. We believe that recovery and a healthy lifestyle are realistic goals for anyone impacted by addiction.



"Be strong enough to stand alone, smart enough to know when you need help, and brave enough to ask for it."

ABOUT US

TREHAB operates as a private non-profit 501 (c) 3 corporation and is governed by a volunteer Board of Directors. We receive funding from a variety of sources including Federal, State, and Local grants, PA Medical Assistance, private health insurance, patient payments, and donations. All revenue received is treated as first sources of income.

TREHAB is fully licensed by the Pennsylvania Department of Drug & Alcohol Programs (DDAP).

TREATMENT SERVICES

Individuals seeking services with our Outpatient Program will receive an initial evaluation leading to a determination of an appropriate level of care.

Intensive Outpatient Program (IOP)

Designed for those individuals who would benefit from more intensive services than are offered in traditional outpatient treatment, but do not require 24 hour care. An Intensive Outpatient Program provides supportive therapeutic services four (4) days a week for a minimum of nine (9) hours. Clients are provided with individual and group sessions as well as family therapy and Certified Recovery Specialist services as needed. Clients of the program develop an individualized treatment plan focused on establishing healthy change and recovery that guides their treatment experience and helps resolve negative life consequences associated with substance use.

Traditional Outpatient

Treatment at this level of care consists of individualized counseling that would for a maximum of eight (8) hours per week. Programs at this level of care consist of individual, group, family therapy and adjunct Certified Recovery Specialist services as needed.

Other Services

- *Brief Intervention/Education*
- *Community Outreach and Education*
- *Trehab Community Resource Center of Susquehanna County-Recovery Center: 14 Public Ave., Montrose, PA (570) 647-4907*
- *Trehab Community Resource Center of Wyoming County - Recovery Center: 102 Warren Street, Tunkhannock*

PROGRAM COMPONENTS

The staff at TREHAB utilizes a variety of traditional, dynamic and evidence-based approaches in helping individuals overcome their substance abuse problem.

- Screening & Assessment
- Individual Counseling
- Group Therapy
- PsychoEducational Services
- Relapse Prevention Group
- Brief Therapy
- Gender Groups
- Rational Living Therapy
- Adolescent Counseling
- Certified Recovery Specialist Services
- Aftercare Planning

Our Outpatient Program and Community Resource Centers along with our community partners, connect clients with services such as:

- Transportation
- Housing
- Employment/Workforce Development
- Applying for public insurance
- Community-based sober support
- Medication Assisted Treatment